

ICE

Thanks for
the help
-2-

**Health and
wellness**
It's for
everybody
-4-

**Buffalo
Soldiers**
Keeping the
peace
-5-

**Cpls.
Course**
A leadership
class for cpls.
-6-



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on cable
Channel 80

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Marine Corps
Web site:**

<http://www.usmc.mil>

**or the MCLB
Barstow Web site at:**

<https://www.bam.usmc.mil/>



Photo by Cpl. Luke Blom

Community leaders and Sheikhs from Haditha met with Iraqi police officials and the commanding officer of the Hawaii-based 2nd Battalion, 3rd Marine Regiment during a town hall meeting, to discuss the future of the region, Jan. 25. For story and photos, go to pages 8 and 9.

Reaffirming a tradition of ethical conduct

By **Donald C. Winter**
Secretary of the Navy

As we enter the New Year, now is a good time to rededicate ourselves to the ethical principles that guide our conduct on a daily basis. As Secretary of Defense Gates recently reminded us, we must maintain and enforce ethical standards.

I, along with the Chief of Naval Operations and Commandant of the Marine Corps, am committed to fostering and maintaining a strong ethical culture throughout the Department of the Navy.

I believe that today's Navy and Marine Corps is made up of men and women, both military and civilian, who share this commitment.

No organization, however, es-

pecially one as large and geographically widespread as ours, maintains excellence in ethics without constant vigilance, good training and education, and a willingness to make the tough call because it's the right thing to do.

This is why the Chief of Naval Operations, the Commandant, and I view reinforcing ethics and exemplary conduct as one of our main objectives for the Department.

The Navy and Marine Corps have a strong tradition that requires all of us to conduct ourselves in the highest ethical manner, to be honest and truthful in our dealings with each other and with those outside the Department of the Navy, and to act in the best interest of the Department of the Navy and the nation, without regard to personal con-

sequences.

There are rules and standards to help guide us when we encounter ethical issues in the performance of our official duties.

These standards include 14 bedrock principles of ethical conduct outlined in Executive Order 12674, as well as specific rules for a wide range of activities, such as accepting gifts from outside sources, impartiality in performing our duties, and use of our official positions.

Keep in mind, however, that ethical decision-making is not solely a function of whether a law or regulation permits us to do something. We must also consider whether the action sets the right example and is the honorable thing to do.

Are we promoting fairness, trust, and personal accountability?

I ask all of you to be constantly mindful of these obligations. If it doesn't seem right, it probably isn't. If you have questions about whether something is appropriate, ask. Supervisors, commanding officers, ethics counselors, and others in positions of authority have an obligation to help you find the answer.

I also ask all commanders and supervisors to reinforce these expectations whether it is in the plan of the day, an all hands meeting, a command website, or small group setting by reminding your people of their responsibilities as well as the benefits we all enjoy from a strong ethical culture.

We owe this to ourselves, and more importantly, to the nation we serve and defend.

ICE

Comments, questions or concerns filed with the base Interactive Customer Service Evaluation system are automatically routed to the service provider, and the service provider can respond directly. To access the ICE Web site, visit the MCLB Barstow Web site located at: www.mclbonline.barstow.usmc.mil and click the ICE logo.

Customer Comments:

It is a distinct pleasure to inform you all of the outstanding job that **Bill Bokholt and his PAO Team** have done in supporting Fleet Support Division's endeavors. Over the last six months, I have worked closely with the PAO Team and experienced nothing but the best support one could expect from this exceptional group of professionals. They assisted FSD with news media interview support, graphics, photographs, tours, other special events, and most importantly helped us capture lasting memories of our workforce.

In particular, Rob Jackson and Curt Lambert supported FSD without hesitation (i.e., even with last minute notice) and I know the PAO Team that remained in the office (i.e., the men and women behind the curtain) enabled these gentlemen to do their job just a little better. I could continue with more glowing accounts of Rob and Curt, but will instead simply say that I really do think the world of them and respect them greatly. Once again, super thanks to Bill Bokholt and his PAO Team. This team is a tremendous asset to MCLB Barstow and the Marine

Corps.

Manager's Response:

It is always a pleasure to serve and support the customers aboard MCLB Barstow. Our team takes great pride in the work we do in support of the base and its tenant organizations; to do less is unacceptable. Thank you for your comments as it means so much when our team receive words of sincere appreciation; it is not something we look for because we're just doing our jobs.

Chaplain's Corner

Crossing the bridge of life

By Lt. Tavis Long
Base Chaplain

John Griffeth lived on a farm in the dustbowl of Oklahoma during the Great Depression. John married in 1929, and soon he and his wife were blessed with a little baby boy. However, John and his wife realized that in order to give their son a happier and more meaningful life they would need to move elsewhere. John and his wife took their little son Greg, packed up their few belongings and headed east in hopes of finding better living conditions and a better future.

Things began to look a little better for the Griffeths when John was hired as a drawbridge attendant on the Mississippi River. Everyday he would raise the drawbridge for the riverboats and steamships to pass under and then lower the bridge in order for the trains to cross the river.

One spring day, in 1937, John took Greg with him to work at the drawbridge. John's wife had packed them both a small lunch, and the two were excited to spend the day together. By noon, when the river traffic had

slowed down enough for the two to take a break to eat their lunches, John raised the bridge and the two headed to an observation tower to enjoy the waterfront.

John had always dreamed of being able to travel, so he spent the time telling his son about the great ships that traversed the mighty Mississippi River. He told Greg about the great places that they were coming from and where they were going. John got caught up in telling his stories and soon lost track of time. It took the shrill whistle of a locomotive to remind him of the reality of his work. John looked at his watch and realized that the Memphis Express was right on schedule.

John hurried back to the gear-room to prepare to pull the lever that initiated the descent of the massive bridge. Before he pulled the lever though, he glanced, as he was always



See **CHAPLAIN** Page 10

Chapel Services

Catholic Mass
St. Joseph's Catholic Church
505 E. Mt. View Barstow
Sundays, 7:30 a.m. Misa En Espanol
9:30 - 11:30 a.m. English

Protestant Services
Sunday 9:00 a.m.
Jewish Services
Call 252-0148
for more information

Just doing my job ...



Photo by Cpl. Quentin Grogan

Cpl. Ralph Rodriguez, telephone/cable splicer, outside cable plant, traces the existing cable conduit with a duct rodder to decide which route to take for putting in new cable. Before Rodriguez arrived here, he deployed to Iraq with Combat Logistics Battalion 7, where he met former Commandant of the Marine Corps, Gen. Michael W. Hagee.

Barstow Log

Marine Corps Logistics Base Barstow, California
Colonel Kenneth D. Enzor, Commanding Officer

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News Briefs

Leave Sharing Program

Krista Perez, Amaris Kanteena and Danny Huff, Maintenance Center, and Jacqueline L. Fadeley, Special Staff Offices, have been affected by medical emergencies.

Anyone desiring to donate leave under the Leave Sharing Program may obtain a leave donor application through their department administrative office.

To donate or for more information, contact Margo Padilla at 577-7138 or Johnnie Curtis at 577-6734. For Huff, contact Lorinda Rognlie at 577-7099.

Aspiring Leader Program

Applications are now being accepted for the USDA Aspiring Leader Program.

The program is open to all GS-5 through 7 employees, or equivalent (to include Wage Grade and NAF). This is a great opportunity for civilians to develop their leadership skills. Applicants do not have to be in the Civilian Career Leadership Development Program to apply.

Application packages are due to the Business Performance Office, by March 5.

For more information, contact Lisa Akers at 577-6658 or Tina Lincourt at 577-6618.

New Leader Program

Applications are now being accepted for the USDA New Leader Program.

The program is open to all GS-7-11 or equivalent (to include Wage Grade and NAF). This is a great opportunity for civilians to develop their leadership skills. Applicants do not have to be in the Civilian Career Leadership Development Program to apply.

Application packages are due to the Business Performance Office, by Feb. 21.

For more information, contact Lisa Akers at 577-6658 or Tina Lincourt at 577-6618.

Voting Slogan Contest

The 2008 primary and general elections promise to be very exciting, and the Federal Voting

Assistance Program needs a slogan to inspire interest and participation.

The Voting Slogan Contest is a biennial contest sponsored by FVAP in its efforts to promote interest in elections among citizens covered under the Uniformed and Overseas Citizens Absentee Voting Act.

To participate: Create a simple slogan (or slogans) that expresses in your own words the importance of voting or something that may inspire someone to vote, and then submit it to the FVAP.

Upon completion of the contest, a panel of independent judges will review slogan submissions and choose the winning slogan on its originality and motivational value. This winning slogan will be featured in the FVAP's 2008 information campaign which focuses on increasing voter awareness among U.S. citizens worldwide and encouraging them to participate.

In addition, slogans will be posted on the FVAP Website at www.fvap.gov in the 2008-2009 Voting Assistance Guide, on motivational posters, audiovisual materials and in other FVAP publications and manuals.

There is no limit to the number of entries an individual may submit, but all slogans must be submitted separately (only one slogan per entry). The deadline for submission is April 9.

All submissions must include the submitter's full name, service if in the military, mailing address, daytime telephone number, fax number and email address so that FVAP may contact the winners.

Entries can be submitted by one of the following methods:

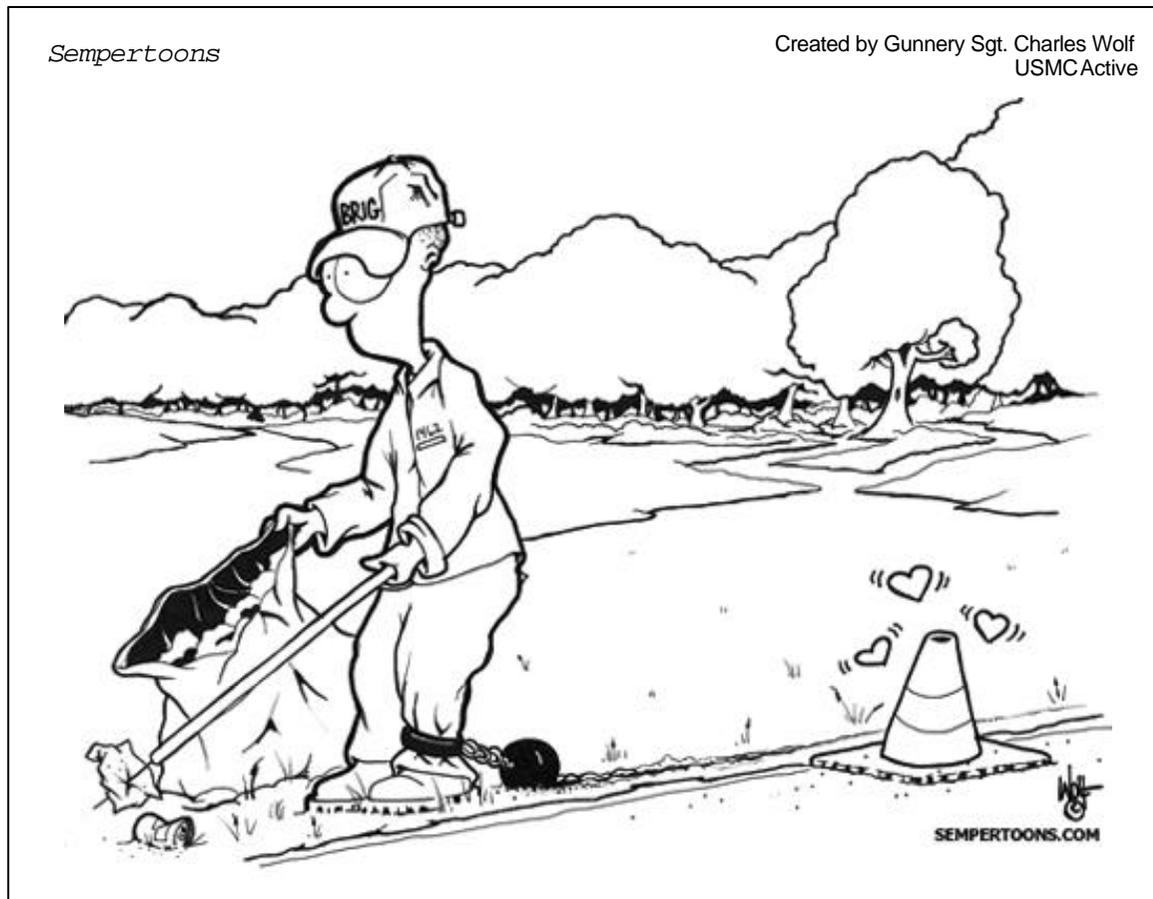
E-mail: Send messages to slogan@fvap.ncr.gov. Text only, one slogan per e-mail with contact information on each e-mail. Enter "Voting Slogan Contest" on the subject line.

Due to security concerns, e-mail messages with attachments are subject to deletion.

Fax: Send faxes to (703) 696-1352 or DSN 426-1352. Or

Sempertoons

Created by Gunnery Sgt. Charles Wolf
USMCActive



visit the FVAP Website for a list of toll-free fax numbers from 51 countries. Submit separate pages for each slogan with contact information on each page. No cover sheet is necessary.

Railroad Repairs

Burlington Northern Santa Fe Railroad will be conducting maintenance, repair, and construction on the rail tunnels and crossovers to the Tees 'n' Trees golf course.

There are three entrances: A corrugated metal tunnel at the northwest corner, a wooden trestle tunnel at the northeast end and a paved crossover located approximately a half-mile east of the Nebo back gate. It is planned that the west side metal corrugated tunnel will be closed for four weeks starting March 12.

Vehicles will be detoured to the east side of Nebo for passage to the golf course area.

For questions or concerns, contact the Public Works Officer, Capt. Teddy Gilmore, at 577-6369.

Marine Corps Scholarship

The Marine Corps Scholarship Foundation is looking for students who qualify for Academic Year 2007-2008 to receive a scholarship from \$500 to \$10,000 annually.

To qualify, you must be a child of a Marine on active duty, in the reserves, retired or deceased.

Or the child of an active duty, reserve, or former US Navy corpsman who is serving or has served with the Marine Corps.

To obtain an application form, visit www.mcsf.org.

The deadline for high school seniors is March 1.

Commissary Scholarship

The Defense Commissary Agency's scholarship for military children is now accepting applications for 2007. The \$1,500 scholarships are available for children of active-duty, retired, and Guard and Reserve service members.

Applications can be picked up from the base commissary and must be turned in by Feb. 21. The applicant must be planning to attend, or already attending, an accredited college or university full-time in the fall term of 2007, or can be enrolled in a program of studies designed to transfer directly into a four-year program.

Women's Soccer Team
The All-Marine women's soc-

cer team trials will be held Apr. 29 through May 17 at Marine Corps Air Station New River, N.C.

Marines interested in trying out must submit a sports application to Headquarters Marine Corps Semper Fit Division no later than Apr. 1. Applications must include past soccer experience and tournaments played in the last two years, and can be found at the base semper fit office.

For more information, contact James Amos at 577-6812.

Motorcycle Riders Course

The class dates for the 2007 Basic Motorcycle Riders Course are Feb. 23 through 25.

For more information on training requirements and class availability contact Cedric Baker, base safety office, at 577-6002.

Editor's Note

"News Briefs" are designed to disseminate information to the MCLB Barstow community. Any submissions to be used in the paper should be received Fridays by noon for the following week's issue. Submit briefs via e-mail to BSTW_PAOLIST@usmc.mil.

Health, wellness program helps MCB employees

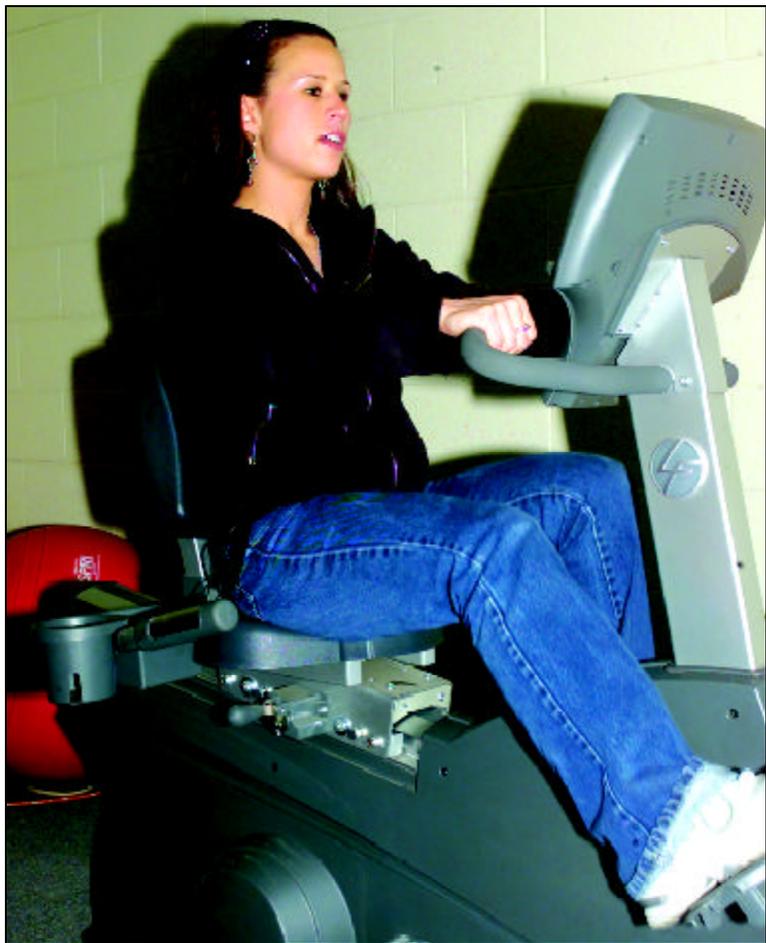


Photo by Lance Cpl. Josh Carmona

Tanya Andereasen, material handler, Cost Work Center 602, uses the aerobics room during her lunch time and work breaks.

By Lance Cpl. Josh Carmona
Combat Correspondent

Throughout the workday, the metronomic dings and clangs of weights in the Maintenance Center Barstow gym fade into the background sounds of machines repairing vehicles for the operational military forces. The weights embed a healthy habit that will reduce accidents and lost man-hours.

Michelle Wolfe, registered nurse, maintenance center dispensary, said, "Most workers here are well past their teenage years, so flexibility and weight gain can be serious issues."

The MCB Health and Wellness Program is a one-time incentive program that lasts for six months.

The program allows employees to attend health seminars and take 30 minutes, three times a week, to exercise, said Wolfe. Working out in the MCB gym is

just one of the ways workers can achieve the goals they set, but they can also walk around the maintenance center and work out in the aerobics room.

"Anybody who wants to improve themselves can come down to the dispensary and get on the program," she added.

Becoming part of the program is a simple process, said Wolfe. First, employees must pick up a health and wellness program form from the MCB dispensary.

Next, the employee must talk to their doctor or other healthcare professional to know where they stand on their health, and decide on a reasonable, safe, and healthy goal to work toward.

Finally, they are ready to begin their journey to better health and a more nutritious lifestyle.

"Employees also have the option to utilize both Yermo and Nebo gym facilities," said Wolfe.

She said since the program is so flexible, there's no reason for

anyone to not take part in it.

"Since the newest program revision in 2005, we're seeing people losing weight and [sustaining] fewer injuries," said Wolfe.

While she agrees the program assists employees' health while they are active in the program, she said it does no good if employees don't learn from it by building healthy lifestyles.

After the six-month program, employees are encouraged to continue the healthy habit of exercise and nutritious eating, she said.

"Everyone is responsible for their own health. What good is losing weight if after the six-months time, they quit exercising and pack the weight right back on?" said Wolfe.

Wolfe hopes the program will attract more employees, because the healthier the workers are, the safer the Marines and Soldiers will be with the products MCB provides.

‘Buffalo Soldiers’ earned American Indians’ respect while on frontier

By Gerry J. Gilmore

American Forces Press Service

WASHINGTON – The African-American cavalymen known as

“Buffalo Soldiers” proved that they could ride, shoot and fight as well as anyone else during their service on the American frontier.

America expanded westward after the Civil War (1861-1865), and soldiers were needed to protect settlers and the railroads from Indian attacks.

The 9th and 10th U.S. Cavalry Regiments were established

in 1866.

They were made up of African-American enlisted soldiers and noncommissioned officers who were usually commanded by white commissioned officers.

The Indians greatly respected and didn’t like to tangle with the African-American cavalymen, calling them “Buffalo Soldiers” for their toughness and fighting prowess.

The 9th and 10th Cavalry Regiments gained fame for their exploits both on the plains and in the Southwest during the 1870s, 1880s and early 1890s.

During the course of the Indian Wars fought from 1866 to the early 1890s, 13 enlisted men and six officers from the 9th and 10th regiments and two African-American infantry units earned the Medal of Honor.



Photo by 161st Sig. Photo Co.

Army Cpl. Merrel Moody instructs Privates Enichel Kennedy, Oscar Davis, B. D. Kroninger and Will Johnson of the Infantry School Stables, on the proper way to clean a horse saddle.

During the Spanish-American War of 1898, African-American soldiers with the 9th and 10th Cavalry Regiments and the 24th and 25th Infantry Regiments fought alongside Lt. Col. Teddy Roosevelt and his volunteer unit of “Rough Riders” and helped defeat Spanish troops at the Battles of Kettle Hill and San Juan Heights, Cuba, on July 1, 1898.

Years later, Buffalo Soldiers participated in the U.S. military

See **BUFFALO** Page 10



Photo by 161st Sig. Photo Co.

Army Sgt. John Hill leaps over a vertical jump upon Jumping Dan Ware, the finest horse in the infantry stables, at Fort. Benning, Ga. July 25, 1941.

Cpls.' Course teaches basic Marine leadership

By Cpl. Quentin Grogan
Combat Correspondent

Once a Marine gets promoted to corporal, they are instantly put in a position of leadership. A lot is expected and required of a noncommissioned officer in the Marine Corps.

To gain the leadership, knowledge and the ability to lead Marines, the Marine Corps offers Corporals Course to all corporals to better groom them for that.

"The purpose of the course is to provide the corporal with the education and leadership required to lead Marines," said Master Sgt. Derek L. Werner, director, Marine Corps Base Camp Pendleton Corporals Course.

"First off, the instructors show you to lead by example as they do," said Cpl Irais Jimenez, military police. "They teach you to talk to your junior Marines about issues that may concern them, like their finances while still getting the respect you deserve as an NCO."

The course is a formal Professional Military Education academy, not boot

camp.

"I thought it would be a mini boot camp, but it wasn't. They treat you like NCO's," said Cpl. Jacquelyn Thomas, personnel clerk, military personnel division, who attended the course in October of 2006. "The instructors were enthusiastic and full of energy."

It is a three-week course, and during those three weeks, NCO's are instructed on drill, leadership, physical fitness training, hip pocket training, which is when an NCO is taught how to give a class to junior Marines without any preparation, along with other military subjects. Throughout the course, students will take a physical fitness test, stand a wall locker inspection, uniform inspections, hip pocket evaluation and a drill evaluation.

"It teaches [corporals] basic Marine leadership," said Werner. "We give them the foundation to lead Marines."

One of the biggest parts of Corporals Course is the physical training. During the course, students PT strenuously three times a week.

"PT at Corporals Course was

awesome," said Jimenez. "They teach you different ways to PT while making it fun."

"I have never been one to love PT, but being at Corporals Course among peers working towards the same goals was inspiring," said Thomas.

To attend the course, Marines must meet certain requirements such as the Marine must have six months left on

their contract by the graduation date or have a reenlistment package prepared, be on full duty, free of financial problems and have serviceable uniforms, said Werner.

After the course is over, students walk away armed with the abilities and skills to better lead their junior Marines. The students then return to their command a better trained NCO.



Base housing: Yards of the Quarter



Photos by Curt Lambert
Base Photographer

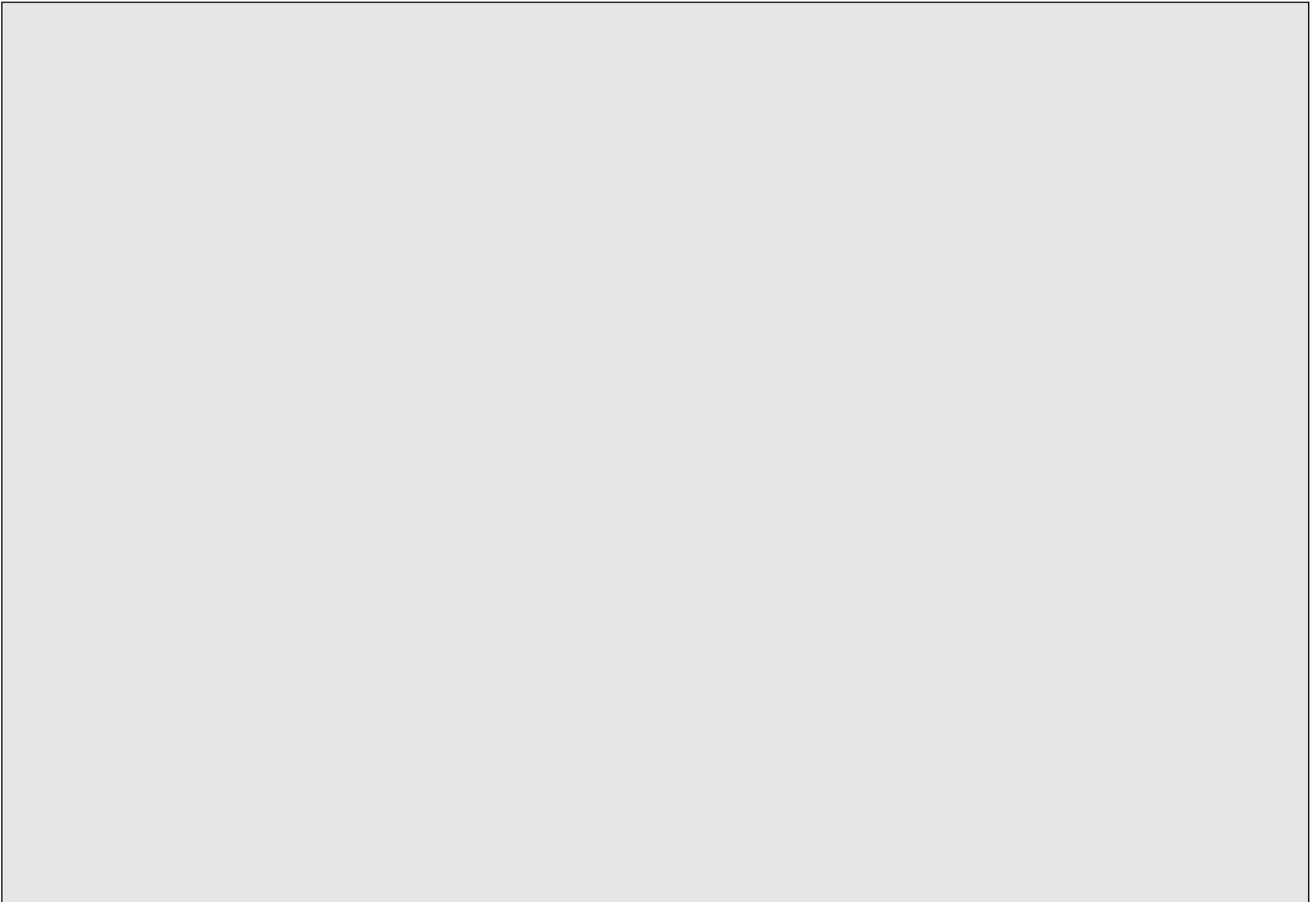
Above: June Justice accepts a certificate from Col. Kenneth D. Enzor, base commander, to signify her yard being named the Officer's Yard of the Quarter. Her husband is Army Chief Warrant Officer David R. Justice.



Middle: Marisol Collet receives her certificate for the Staff noncommissioned officer's Yard of the Quarter. Her husband is Gunnery Sgt. David Collet Jr.



Right: Lance Cpl. Travis W. Noon and his wife, Jessica, receive a certificate for the Enlisted Yard of the Quarter. Noon, along with the other winners, were awarded for the first quarter of Fiscal Year 07.



Marines, city leadership discuss Haditha

HADITHA, Iraq -- The commanding officer of the Hawaii-based 2nd Marine Regiment headquartered in Haditha met with top Iraqi Police officials in a town hall meeting to discuss the future of this Euphrates River

The meeting was open for any topic of discussion and gave the Haditha community leaders a chance to air concerns and ask questions concerning Iraq's national government and Haditha's local security.

Much of the meeting was focused on the local ramifications of President George W. Bush's new plan for the future of coalition forces throughout Iraq. In the President's plan, 4,000 more Marines will be sent to Al Anbar Province.

"Our troops will have a well defined mission; to help Iraqis clear and secure neighborhoods, to help them protect the local population, and to help ensure that the Iraqi Forces left behind are capable of providing security," said the President in a speech from the White House, Jan. 10.

More than 20 Sheikhs and community leaders attended the meeting and commented on many issues ranging from the President's new strategy, current vehicular bans inside the city, current and future city construction projects and what

their role will be in Iraq's national government.

"One gentleman stood up and pretty articulately identified the plight of the Sunni Arabs (who make up the vast majority of the population in this region)," said Lt. Col. James Donnellan, 2nd Battalion Commanding Officer.

The gentleman (who asked not to be identified) expressed that the Sunni Arabs are the minority and believe the central government is heavily influenced by Iranian and Shiite specific interests.

"All of this may very well be true, but what we can affect is the security here," replied Donnellan.

While everyone who attended the meeting agreed the security of Haditha and the "Triad" region was paramount, there were no commitments to help strengthen the local Iraqi Police force, according to Lt. Col. Muhada Mahzir, Haditha Iraqi Police deputy commander.

"They (Sheikhs) say, 'yes, you are right. We need security and we need police that are from this area'," said

Donnellan. "Then we ask, 'OK, how many men in your tribe are willing to put forward?' That's when the room gets really quiet and everyone starts looking down at their feet."

While the Haditha police force has seen more than 30 Haditha citizens volunteer for service in the past three weeks, which was seen as a milestone for the police force, there has not been a "large group" to volunteer yet, according to Maj. Eric E. Glassie, Police Training Team officer in charge.

When one Haditha community leader posed the question as to how long Coalition Forces would be in the area, Donnellan replied, "When I'm told the Haditha IP have enough well trained and well equipped IPs, but not a day before."

Many also asked questions about when the current vehicular restrictions would be lifted. Other than trucks carrying food, water and essential supplies, vehicular traffic has been restricted inside the city for six weeks. Citizens with special circumstances put in a request



Photos and story by Cpl. Luke Blom
Combat Correspondent

Around The Corps



Lt. Col. James Donnellan, commanding officer, 2nd Battalion, 3rd Marine Regiment, listens to a sheikh's question during a meeting among Haditha community leaders, Iraqi police officials and Donnellan.

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Haditha's future

2nd Battalion, 3rd Marines and community leaders in Haditha, River city, Jan. 25.

and are given temporary driving permits.

The restriction was implemented to limit the movement of the local insurgency. Coupled with increased troop levels and a dirt berm surrounding the region, violence has dropped from seven to 10 attacks per day to approximately five per week.

"How long do we need these restrictions to ensure the security of Haditha before your sons and tribe members start joining the IP," asked Donnellan during the meeting. His question was met with silence.

The issue of local construction projects was also brought up. The Marines of 2nd Battalion, 3rd Marines and supporting units have been completing small projects since their arrival in this region four months ago, but local contractors have been paralyzed by a murder and intimidation campaign waged by the insurgents against anyone who cooperates with the Coalition, according to Donnellan.

"We're (Coalition Forces) going to move forward regardless, but when will some of you step forward and make some brave and bold steps forward that will move the city exponentially towards prosperity and peace?" asked Donnellan.

For years the contractors have been intimidated into not working with Coalition Forces, but recently some local business men have expressed that if peace continues to grow in this region they will be more likely to take a risk and begin building city projects such as schools, hospitals and roads.

"We're on the verge of something very good here," said Donnellan. "We can bring in more Iraqi Police and Marines and just focus on security, or we can have some brave individuals step forward and help rebuild the city and make some serious progress."

While there were no commitments from the Sheikhs to support the Iraqi Police or begin rebuilding the city, open dialogue between the community and Coalition is seen as a substantial step in itself, according to Mahzir.

"Ninety-five percent of the people in Haditha are supportive of us and what we want for the future of this region," said Mahzir. "They are the future of Haditha, not the terrorists."



Lt. Col. James Donnellan speaks with community leaders from Haditha about the future and security of their city.



A Haditha community leader shares a laugh with Lt. Col. James Donnellan after a meeting to discuss the future and security of the city.

CHAPLAIN from Page 2

sure to do, up and down the river to see if any ships were coming. The river was clear and all seemed in order.

John was just about to pull the lever when he noticed that something had happened to Greg, his son. John looked down just in time to see his son caught in the gear house.

Greg had tried to follow his father but in the hurry had slipped and fell off the catwalk and now Greg's leg was caught between two of the gears. It did not take long for John to realize that if he pulled the lever, it would be only seconds till six tons of revolving metal would grind his only son to death. John frantically searched for alternatives. He looked back at the pursuing locomotive.

By now, the train was in full view barreling down the track toward the raised bridge and on the train were passengers. John thought about leaving the gear house, lowering himself down, and freeing his son; but he did not have the time to get down to his son and back before the train was to cross.

More than anything, he wanted to save his son, but if he did, it was certain that many on the train would die. Seconds seemed like an eternity as he anguished over his decision.

Finally, with perspiration dripping from his forehead and tears flooding his eyes, John bowed his head, covered his eyes and with a trembling hand pulled the lever. The gear-room shuddered as the gears moved and the bridge settled into place. The Memphis Express roared past unharmed.

John watched a gentleman passenger calmly reading the morning paper, the conductor was looking at his watch, and a young mother was feeding a bottle to the little baby she was holding.

No one on the train noticed the heartbroken gear attendant whose only son lay crushed in the gear room. In anger and despair John yelled as the train as it swept by, "What's the matter with you people? I just gave my son for you! Don't you care?" But nobody heard, nobody looked, and nobody knew that their lives had been saved because a young boy had given his life for them.

The Memphis Express continued

barreling down its path and disappeared on the other side of the river.

Almost 70 years ago, John Griffeth gave up his son in order to save the lives of many on a train; but 2,000 years ago God gave up His Son, Jesus, to save the lives of an entire world. Could you imagine being in John Griffeth's situation?

To see a train go by with passengers who are oblivious to what was done in order to save their lives? Do you think the passengers would have had a greater appreciation for the gear attendant if they had known what had happened? I am positive that they would have.

As Valentine's Day approaches, we often like to hear stories of true love and devotion. But the greatest love story of all time is the sacrifice that God made by giving His Son to die for the sins of the world.

The bible says, "For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life. For God sent not his Son into the world to condemn the world; but that the world through him might be saved."

Now that is true love. But the horrible thing about it is that so many are riding the train of life oblivious to the sacrifice that was made for them.

BUFFALO from Page 5

operation in Mexico against Pancho Villa in 1916.

As warfare became mechanized due to the introduction of the automobile and the emergence of the tank on European battlefields in World War I, the horse cavalry became increasingly obsolete.

The 9th, 10th and other U.S. "horse cavalry" units passed into history at the eve of World War II. But the fame of the Buffalo Soldiers lives on.

In 1992, then Chairman of the Joint Chiefs of Staff Army Gen. Colin L. Powell, a Buffalo Soldier aficionado, helped to dedicate the Buffalo Soldier Memorial at Fort Leavenworth, Kan.

Editor's Note: Information for this article was compiled from a variety of military and civilian sources.



Valentine Dinner Dance

The Oasis Club will be hosting a Valentine Dinner Dance Feb. 14 from 6 to 10 p.m. Cost is \$40 per couple, which includes choice of prime rib or chicken dinner, bottle of champagne and a live band with dancing. The CDC will also be available to provide child care to all current CDC patrons at no charge.

Lots of extras, flowers, candy and a chance to win a weekend trip for two. Reserve your tickets today by calling 577-5893, and must be purchased by Friday to secure this event.

Volleyball League Schedule

The next scheduled game is set for Monday, with games starting at 5:30 and 6:30 p.m. Three teams currently have complete rosters, they are: Fire Depart-

ment, Marvin Torgeson coach, Strikers, Jasman Wise coach, and Dream Team, Julius Pasco coach.

If you would like to join a team, contact James Amos, sports coordinator at 577-6812. Come on out and support your favorite team at the Semper Fit Gym.

Texas Hold Em' Poker

Upcoming date for the second tournament of 2007 is March 16, with a Saint Patrick's Day Theme. Games start at 6 p.m. at the Oasis Club. Buy in will be \$20 for early registration and \$25 at the door. Sign ups will be available at the Family Restaurant, Oasis Club, Temporary Lodging Facility, Lanzer's Lounge, or Building 319. All MCLB patrons and their sponsored guests over the age of 21 are invited to attend.

For more information or if you have any questions contact 577-6372.

Congratulations to Staff Sgt. Tavarus Dunbar who was our first winner of 2007 and will be invited to a tournament of champions in December.

ITT Specials

Stop by the ITT Office in Building 342 for a 2007 price list for all Southern California theme parks. Also under way is the annual gray whale migration, with tickets available for Hornblower Cruises leaving out of San Diego. Three and a half hour tours start at \$11.50. If you love ocean life you don't want to miss this opportunity.

Ski enthusiasts still have plenty of time to get some time in on the slopes at Mammoth Mountain, with weekday lift tickets for \$56.50, and weekends \$71.50. These are prepaid tickets.

For more information on any of these attractions stop by the ITT Office or call 577-6541 and ask for Betty Green.

Family Dining Night

Tonight at the Oasis Club. Ham and Potatoes. Feb. 15 will feature Fried Chicken. Make Family Dining Night a traditional night out, and let us do the dishes. For more information, contact the Oasis

Club at 577-6432.

LUNCH MENU

Family Restaurant

Today - Soup and salad bar.

Friday - Three piece fish, regular or seasoned fries, and coleslaw.

Monday - Salisbury steak, sautéed onions and mushrooms, mashed potatoes with gravy and vegetables.

Tuesday - Baked pork chops, stuffing, mashed potatoes with gravy and vegetables.

Wednesday - Sweethearts lunch special, Baron of beef carved on the line, mashed potatoes with gravy, vegetables, and a slice of cheesecake for desert.

Salads and Sub Sandwiches - A variety of pre-made daily items are available in the front display refrigerator.

Lanzer's Lounge

Today - Chicken breast and potato salad.

Friday - Catfish sandwich and coleslaw.

Monday - Salisbury steak.

Tuesday - Beef meat loaf.

Wednesday - Pork super ribs and coleslaw.

Included with every meal is a roll and fountain drink, unless otherwise stated.

MISC For Sale; Solid Wood Fireplace, ventless, Mahogany with attached book shelves, uses Jel Fuel, has logs and screen. Call: 253-5926

MISC Solid Wood Fireplace, ventless, Med Cherry with doors in side cabinet, has two matching book shelves. Uses Jel Fuel, has logs and screen. Call: 253-5926

MISC 32" LCD flat screen television, HDTV ready, stereo sound speakers. Call: 253-5926

MISC Two computer monitors and a Digital Camcorder. Call: 760-256-2434.